

FORTIFERRUM® P is a dietary iron supplement that provides high iron bioavailability through an innovative technology i.e. micronized micro-encapsulated ferric pyrophosphate (SunActive Fe®). The micronized ferric salt is coated with a lipid bilayer that enhances absorption while minimizing reactivity with gastric contents. In a controlled study on 80 pregnant non-anemic patients - 14-28mg liposomal iron reversed iron deficiency (serum ferritin +13.8ng/ml) and improved Hb (+0.3g/dl) during 14-16 weeks of gestation¹.

FORTIFERRUM® P has been specifically formulated to meet the needs of expectant mothers. It is a complete pre-natal supplement containing 30mg elemental iron, 60mg vitamin C, 0.4mg vitamin B9 (folate), 5mcg vitamin D3 and 2.5mcg vitamin D3. It is formulated into highly palatable granules with a pleasant strawberry flavour.

INDICATION

- Pregnant woman*
(WHO Recommendations = 30-45 mg of iron daily + 0,4 mg of Folic acid)

* Pregnant women should follow medical advice.
The recommended average daily dose is 1 or 2 sachets a day, preferably all at once.

IMPORTANT: FORTIFERRUM® P is to be consumed directly with/without the need for dilution in water.

BENEFITS

- Complete pre-natal supplement containing advanced liposomal iron ingredient which provides optimal serum iron levels and improves hemoglobin levels from oral iron supplementation.
- Minimises gastric discomfort due to protective phospho-lipid bilayer which prevents iron salt from reacting with gastric contents.
- Incorporates Vitamin C, B9, D3 and B12 which are necessary for the expectant mother.

CHARACTERISTICS

CLASSIFICATION: FORTIFERRUM® P is approved by the European Food Safety Authority (EFSA) and registered as a Food Supplement in Europe.

SHELF LIFE: 36 months of shelf life.

FLAVOR: STRAWBERRY

PRESENTATION:

- Box of 30 Sachets x 1.8g each.

